

# RIVERTON PAF

Monday	Tuesday	Wednesday
1	2	3
<p>Bacon/Egg/Cheese Biscuit            CEREAL VARIETY            JUICE VARIETY            fresh fruit variety            Poptart Variety            graham Crackers Variety-Local            strawberry milk-fat free            White Milk-1%            chocolate milk-fat free</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>CHICKEN BISCUIT            Poptart Variety            CEREAL VARIETY            JUICE VARIETY            fresh fruit variety            graham Crackers Variety-Local            strawberry milk-fat free            White Milk-1%            chocolate milk-fat free</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>Blueberry Muffin, WG            Poptart Variety            CEREAL VARIETY            JUICE VARIETY            fresh fruit variety            strawberry milk-fat free            White Milk-1%            chocolate milk-fat free            graham Crackers Variety-Local</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>
8	9	10
<p>BREAKFAST PIZZA            Poptart Variety            JUICE VARIETY            fresh fruit variety            CEREAL VARIETY            graham Crackers Variety-Local            strawberry milk-fat free            White Milk-1%            chocolate milk-fat free</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>Pancake on a stick-blueberry            Poptart Variety            CEREAL VARIETY            JUICE VARIETY            fresh fruit variety            strawberry milk-fat free            White Milk-1%            chocolate milk-fat free</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>Donut Variety            CEREAL VARIETY            JUICE VARIETY            fresh fruit variety            cheese stick            Poptart Variety            strawberry milk-fat free            White Milk-1%            chocolate milk-fat free            graham Crackers Variety-Local</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>
15	16	17
<p>Bacon/Egg Pizza            Poptart Variety            JUICE VARIETY            fresh fruit variety            CEREAL VARIETY            graham Crackers Variety-Local            strawberry milk-fat free            White Milk-1%            chocolate milk-fat free</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>PANCAKES W/SYRUP            Poptart Variety            CEREAL VARIETY            JUICE VARIETY            Raisins-Local            fresh fruit variety            strawberry milk-fat free            White Milk-1%            chocolate milk-fat free</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>Scrambled Eggs, Local            Poptart Variety            CEREAL VARIETY            JUICE VARIETY            fresh fruit variety            Sausage Links2            Biscuit, WG            strawberry milk-fat free            White Milk-1%            chocolate milk-fat free</p>

		<a href="#">View Nutrients</a>
22	23	24
CHICKEN BISCUIT Poptart Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety HashBrowns-RP strawberry milk-fat free White Milk-1% chocolate milk-fat free  <a href="#">View Nutrients</a>	Breakfast Bagel Poptart Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety graham Crackers Variety-Local strawberry milk-fat free White Milk-1% chocolate milk-fat free  <a href="#">View Nutrients</a>	Jiffy & Syrup Poptart Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety strawberry milk-fat free White Milk-1% chocolate milk-fat free graham Crackers Variety-Local  <a href="#">View Nutrients</a>

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingred  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and planning for a child with a medical condition or food allergy. Ingredients and menu iter professional for assistance in planning for or treating medical conditions.

# WAKE BREAKFAST

Thursday	Friday	Nutrients Avg
<p>4</p> <p>Mini Cinnis Poptart Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety graham Crackers Variety-Local strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p><a href="#">View Nutrients</a></p>	<p>5</p> <p>BISCUIT/GRAVY CEREAL VARIETY JUICE VARIETY Fruit Cocktail Poptart Variety strawberry milk-fat free White Milk-1% chocolate milk-fat free graham Crackers Variety-Local</p> <p><a href="#">View Nutrients</a></p>	<p>Calories 523 Sodium 597 mg Carbohydrate 96.23 g 73.6% Saturated Fat 3.68 g 6.3%</p>
<p>11</p> <p>Good Gravy Pizza Poptart Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety graham Crackers Variety-Local strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p><a href="#">View Nutrients</a></p>	<p>12</p> <p>BISCUIT/GRAVY Poptart Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety Apricots graham Crackers Variety-Local strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p><a href="#">View Nutrients</a></p>	<p>Calories 518 Sodium 610 mg Carbohydrate 91.62 g 70.7% Saturated Fat 3.92 g 6.8%</p>
<p>18</p> <p>Waffle Stix &amp; Syrup Poptart Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety strawberry milk-fat free White Milk-1% chocolate milk-fat free graham Crackers Variety-Local</p> <p><a href="#">View Nutrients</a></p>	<p>19</p> <p>Apple Frudel Poptart Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety Raisins-Local graham Crackers Variety-Local strawberry milk-fat free White Milk-1% chocolate milk-fat free</p>	<p>Calories 500 Sodium 526 mg Carbohydrate 92.22 g 73.8% Saturated Fat 3.13 g 5.6%</p>

	<a href="#">View Nutrients</a>	
25	<a href="#">View Nutrients</a>	26
Good Gravy Pizza Poptart Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety APPLESAUCE graham Crackers Variety-Local strawberry milk-fat free White Milk-1% chocolate milk-fat free  <a href="#">View Nutrients</a>	Donut Variety Poptart Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety cheese stick graham Crackers Variety-Local strawberry milk-fat free White Milk-1% chocolate milk-fat free  <a href="#">View Nutrients</a>	Calories 524 Sodium 592 mg Carbohydrate 94.41 g 72.1% Saturated Fat 3.73 g 6.4%

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I Nutritional Analysis software should not be used for and does not provide menu ns are subject to change or substitution without notice. Please consult a medical